

TOGETHER

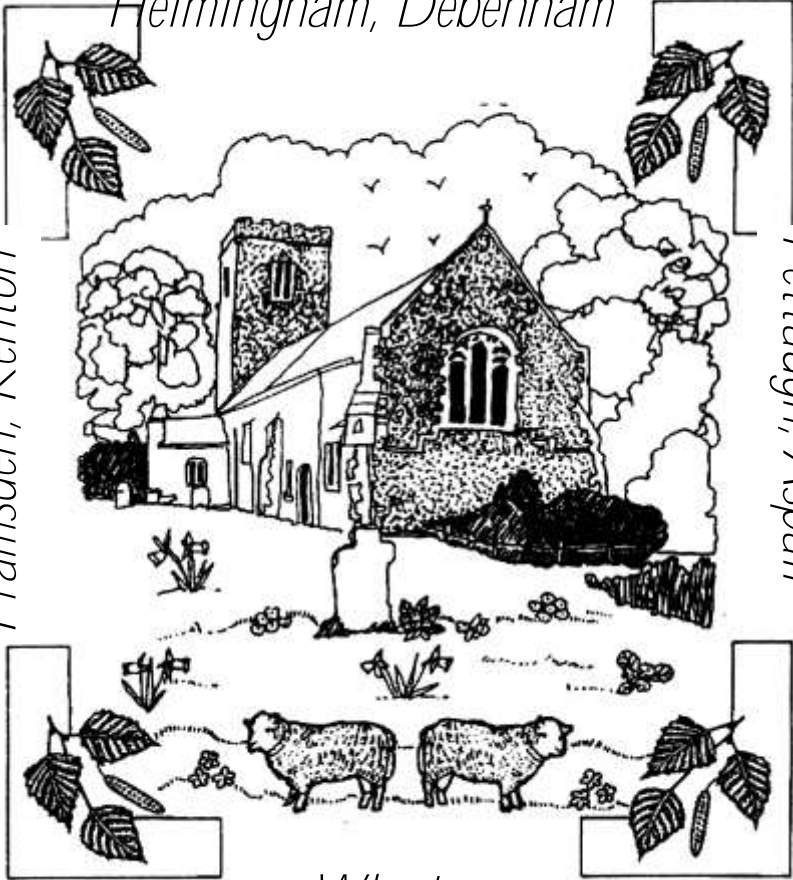
Summer 2018

June to August
Distributed free within the Benefice

Helmingham, Debenham

Framsden, Kenton

Pettaugh, Aspall



Winston



THE BENEFICE OF
DEBENHAM & HELMINGHAM

Summer 2018

Summer is upon us and on my walks around the lanes and fields, across the greens and through the parks it seems that this year is a good year for the dandelions! They appear to be thriving everywhere. It is so easy to think of them as a weed and a nuisance in our gardens, but (in the right place) they are beautiful. Glowing golden drops of sunshine!

Once, many years ago, when I was at a very dark point in my life, I looked into the cold muddy waters of the river Thames and thought that they seemed, in comparison to my life at the time, an appealing place to be. I imagined jumping into oblivion and putting an end to my own seemingly disastrous and pointless existence. Yet, at the very moment I was having these thoughts the image of a small yellow flower came into my mind. It was just an ordinary little yellow flower, like a dandelion, yet its brightness shone in the darkness of my despair. I realised at that moment that there was beauty in the world. If there is beauty, I concluded, then somewhere there was a source of goodness and love which created beauty.

Bishop Mike recently said, “Flowers... they interrupt me, they take me out of myself” and he went on to say, “Part of the language of God is beauty and beauty can interrupt our unending song of ourselves”. In my case that was so very true. The picture of the flower in my mind had interrupted my thoughts and taken me out of my own self-absorbed loathing into a place of hope.

The way that beauty can fill us with a sense of gratitude and warmth... is that simply the way we are made or is it something through which God is speaking to us? We are walking along a beach and we are suddenly struck with a sense of awe and wonder at a scene we have seen many times before. Or a piece of music, a painting, a poem, moves us to tears at its beauty. The smile of a baby melts our cold hearts. Why has it struck us in that way? Are we just made that way or is it God speaking to us? Why, on that day as I dangled my life over the Thames, did the image of a flower appear to me?

All those years ago as the image of the dandelion took my breath away, interrupted my thoughts and took me out of myself, I turned to see the world in a different light. I was not a Christian then and I wondered for a long time why that image came into my mind at that moment. These days I have no doubt that I heard the language of God that day and so now I have to agree with Bishop Mike, one of the ways in which God talks to us is through the language of beauty.

So often we see merely weeds and fail to notice the signs and symbols of God’s love; we don’t allow ourselves to hear God’s language and so we fail to acknowledge God’s signals of glory and of beauty which speak to us of love and of joy.

Susan Bates

PETTAUGH

The Marvellous Marmalade Competition and cake sale was held in Dove Cottage on the 17th March and attracted many entrants and visitors who enjoyed tea, coffee and cakes. The beast from the east weather did deter some people, but we raised just over £200 with many thanks to the ladies who baked for the occasion.

We were very sorry to learn that Alan Page passed away on the 9th April. He was a brilliant musician and will be fondly remembered by his many pupils. He was the last to be born in the village who has spent his entire life in Pettaugh. Our thoughts are with Muriel and his family.

Our Easter Sunday service was well attended with the Holy Communion service taken by Penny Wilkes. Thank you to the ladies who decorated the Church. We have had one baptism in the church this month and we send our good wishes to the family. Thankfully it was a lovely sunny afternoon.

The spring weather has been a mixed bundle, shorts one minute and thick vests the next! Gardening and planting of vegetables has been set back, also the crops have been delayed. Let's hope summer arrives soon.

The Parish Council in conjunction with the Church Council are hoping to hold a community event in the beautiful meadow behind the church. A date has yet to be confirmed. It will take the form of a village fete with refreshments. It is hoped that once the date has been agreed that we can enlist lots of helpers from the village to make it a successful occasion. The Church Council are looking to hold a Harvest Festival event in September; details will follow.

Muriel Page would like to thank neighbours and friends for their help and offers of help over the last months. Thank you for the sympathy cards and messages received, also thanks to all those who attended Alan's funeral. God bless you all.

HELMINGHAM

The Old School House Nursery

The Children of The Old School House Nursery have been going up and down, over and under, through and balancing along beams to support SPORTS RELIEF. We have built obstacle courses from camouflage nets (crawling under/riding bikes under), putting down blocks to support planks as the children balance with arms out – trying not to go too fast! Running in and out of cones and then through hoops before reaching their favourite piece of the course.... The Spider's Web – squeals of delight as they tried to get through. We even managed to do an obstacle course out on our woodland adventure – using branches and making a track from twigs and leaves. Finally raising £245 for the charity.

The Nursery parents supported an Easter Egg in 3 parts on the last day of term. Starting after school finished meant older siblings could come and take part as well. A younger egg hunt in the Nursery garden collecting eggs, an older 'colour by numbers' egg hunt up the woodland path and a Scavenger Hunt which parents could really get involved in. Together with this races, cake stall, Easter crafts and a

raffle. All rounded off with hot food provided by The Committee of hot dogs, corn on the cobs and potato wedges – and the rain held off. A final parade of Easter Bonnets made by the children was a fitting end to the term.

We are now Going to the Jungle – with lions, giraffes, monkeys, as well as a dark tent to investigate nocturnal creatures and use our torches. A tidy up in the garden means we can use it every day with the Mud Kitchen, Willow House, Mega Sandpit and lots of den building. An annual visit to Foxburrow Farm for our Summer outing will endorse all the outdoor learning that is encouraged at the Nursery. Visit our Website (www.theoldschoolhousenursery.com) or give us a ring 01473 890950 to arrange a visit for your child (we take children from 18 months to school age and offer wrap around care from 8 am with breakfast).

WINSTON

Remember in your thoughts and prayers the family and friends of the late Roger Denny who passed away at home on January 31st aged just 57. He had lived in Winston all his life and is greatly missed.

Winston School Room
is available to hire: see back page for details.

The church looked lovely for the Easter Sunday service—thanks to all the flower arrangers.

It was lovely to see the Schoolroom so full for the Annual Winston Quiz. It was a very close competition this year with just one point between first and second places. Thanks to Lynn for setting the questions, to all who provided the refreshments and to Sandra for the draw. The £227 raised goes towards the Schoolroom fund.

Many thanks to the Parish Council for organising the litter pick (see below).

A very big Thank You to Kathy Guthrie, our District Councillor, for a grant received from her Locality Budget which enabled us to have a structural survey of the Schoolroom and also covered some of the remedial work which has now been completed.

The **Annual Winston Fete** takes place on **Saturday 9th June at 2pm** in and around the Schoolroom. Please think of us for books and “white elephant” items. We would also like cakes etc. please for the teas and cake stall. **Entry and car parking will be free.** If you have any new ideas for the Fete or would like to help in any way please let one of us know:

Veda 01728 861363

Sandra 01728 860040

Emma 01728 861303

Kate 01728 861004

Ann 01728 860342

We look forward to the concert by the Black Barn Singers (see below). Pimms and nibbles on arrival.

Winston Parish Council

The Parish Council would like to thank the small band of local residents who joined in with the Litter Pick in April, on a gloriously sunny afternoon, after the previous date had to be cancelled due to snow! Some other residents had already tidied stretches around their homes, so that the total number of sacks collected amounted to over 20, with other debris. Whilst it was disappointing to find so much, it was good

to think that our verges would now be cleaner and reflect the pride we have for our area. The Annual Parish Meeting took place on May 9th and the Minutes and Accounts are available to view on our website www.winston.onesuffolk.net.

Black Barn Singers' Charity summer concert

"What's in a name?" **Friday 29 June**, 6.30pm for 7pm Start at Winston Church. Join us for Songs and a Glass of Pimm's. £5 per adult, children free 01728 861028 (tickets sold on the door). Conductor: Pam Vinten-Phipps. Raising funds for Winston church and a brain injury charity.

FRAMSDEN

"The Secret Life of Bees"

Come hear local Bee expert Alan Seager talk about these fascinating, highly organised and hard-working little creatures! Framsdén Village Hall at 7pm on **Thursday 14th June**. Tickets just £5.00 and price includes refreshments. Regardless of whether you wish to keep Bees or not, please join us for what will be a really interesting insight into their world!

Summer Fete

Framsdén Fundraisers and St Mary's Church warmly invite you to our summer village fete on **Saturday 30th June** from 12 noon to approx. 4pm at Framsdén village hall. A BBQ and cream teas will be available and entertainment provided by a live band and light-hearted dog show, with the afternoon finishing with a tug-o-war finale! Please bring along your dogs—trained and the not so trained very welcome!! There will be various stalls and games such as cakes, books, white elephant, ice-cream, bottle shy and a splendid raffle. For further information please contact Annabel on 01473 890794 or annabelleech@gmail.com.

Framsdén Fundraisers

Barn Dance – Saturday 8th September

Don't miss this great event!! A wonderful barn dance at Framsdén Hall Barn. Music by the very popular Aartwork, plus food and bar. More details to follow—put the date in your diary!! For information contact: framsdenfundraisers@gmail.com

Framsdén Village Produce Show – Saturday 22nd September.

Schedule included with this magazine for Framsdén residents. The Entry Forms, Rules and Hints available on FF Website www.framsdén.org.uk.

Framsdén Village Hall

Yoga and Meditation on Tuesdays 7 – 9pm with Barbara Winfield barbarawinfield@hotmail.com

Gentle Yoga on Mondays 7.45 – 9.15pm with Margaret Samain mp@cpwpost.com

Framsdén Parish Council

Sign up to the Framsdén Parish Council Email Contact List?

Framsdén Parish Council would like to engage parishioners of Framsdén by being able to email them directly in order to raise residents' satisfaction, trust and confi-

dence by communicating about issues, services and opportunities in the parish, the district and the county. From your responses to any communication by us, council can try to better understand the needs of the community and develop appropriate strategies and priorities.

If you are a resident of Framsdén and would like to be contacted by the Parish Council, please email the Parish Clerk, Steve Barron, via framsden.pc@gmail.com. Please include your name and ask to be added to the mailing list. Your information will not be shared with anyone else and it will be kept secure as we comply with Data Protection Legislation. Your email address can be removed at any time if you request to opt out in future by simply notifying us of your request.

Potential for the Provision of Allotment Gardens in Framsdén

In January 2018, Framsdén Parish Council decided to formally ask MSDC to consider the possible provisioning of Allotment Gardens in Framsdén. This request is currently awaiting consideration by MSDC's Assets Team and it may be some time before we get a response.

If you are a resident of Framsdén and would like to have the opportunity to rent an allotment in Framsdén (if any become available in the future), please can you contact the Parish Clerk now as we need to establish the demand for allotments prior to any formal request to MSDC being processed.

Parish Clerk: Mr Steve Barron, Email: Framsden.pc@gmail.com
Phone 07719 176917 Web site www.framsden.onesuffolk.net

Framsden Woodland Group

After a long wait, spring came all at once. we had a good display of snowdrops and primroses and now the woodland is greening up for summer.

In February, Ian Seager retired as chair of the group, after many years dedicated service, and Charlotte Bell has taken on the role albeit sharing the responsibilities out more with the members.

We will continue with the usual events, the next being the **plant sale** on **Sunday 10th June** from 10.30 in Framsdén Village Hall, contributions and customers welcome!

The **annual big lunch** will be on a separate day this year, **July 1st** in the woodland.

Looking ahead, there will also be the **Halloween pumpkin trail** on **Wednesday 31st October**.

There is a new contact email, framsdenwoodlandgroup@gmail.com and news and photos on the blog (framsdenwoodlandgroup.blogspot.com) and Facebook group page as usual (search for framsdenwoodland).

Framsden Fox Fritillary Meadow

The meadow at Boundary Farm, Framsdén is an ancient floodplain, the largest of four remaining sites for the snake's head fritillary in Suffolk. This year the annual opening was delayed by a week to 20/21 April but was the most spectacular display for 50 years. Hopefully the 2019 date will be known in time to publicise in the *Together* magazine next Spring (entry £5). It's an amazing display of thousands of fritillaries. See www.suffolkwildlifetrust.org/reserves/fox-fritillary-meadow. You can

also see fritillaries and cowslips at Mickfield Meadow (always open) and at Saxtead Little Green, opposite Foxearth Nursing Home.

DEBENHAM

Royal Party

May 19th, 3-5pm at St Mary Magdalene churchyard and Dove Cottage. Celebrate Harry and Meghan's wedding. Bring a picnic, dress and red/white/blue, party games, raffle, Debenham wedding cake and tiffin, teas and drinks, cake decorating competition, dress up competition for kids, bell ringing, High Street retailers. Continues at The Angel after 5pm with hot food.

Women's Cycle Tour

Stage One of the OVO Energy Tour (www.womenstour.co.uk) on **Wednesday 13 June** passes through Debenham, Winston and then on to Southwold via Framlingham, 130km in total. Times are not known yet. If seeing them whizz by inspires you to have a go yourself, you can join the OVO Energy Tour Ride supporting Breast Cancer Care on Sunday 1 July, featuring many roads that the professionals will tackle during Stage One.

Debenham St Mary's Yard/Garage Sale

The weather is warming up, time to think about spring cleaning but, when you start throwing out all those things you store that "may come in handy one day" or when you realise that you are never going to use that gadget you were given for Christmas—**STOP**. You could make yourself a bit of extra cash by keeping it all for a bit longer.

On **Sunday 15th July** from 11am to 5pm, St Mary's Church will be organising another Yard/Garage Sale: a very popular event when we did it a few years ago. Contact Chris Bishop 860124 or chris.bishopsuffolk@gmail.com to book a place in our catalogue which customers can collect from the church on the day and then wander the village in search of a bargain. Entries will cost £10.

Debenham Open Gardens

Sunday 24 June 11am to 5pm. Lots of gardens to visit throughout the village, refreshments available. Plant Sale.

Jazz in the Barn

Sunday 3 June, 2-4.30pm at Crow's Hall, Debenham IP14 6NG. Tickets £15 from Mrs Val Watts 01728 860255 or email: wattsdebenham@aol.com. Featuring a six-piece line-up with Dave Browning (piano), Brian Henderson (drums), Derek Pring (bass), George Tidman (trombone), Tony Radford (clarinet/sax). Grounds open 1pm, music starts 2pm. Picnic before or after. Plenty of parking. (*Friends of St Mary's*)

Art Exhibition

Our 42nd Art Exhibition will take place in St Mary's church, Debenham on:

Friday 22 June 10.30am-7pm
Saturday 23 June 10.30am-7pm

Sunday 24 June 11am-5pm

There will be paintings, drawings and prints for sale and light refreshments available. Please feel free to come and support our local artists in our beautiful church. All proceeds go to the Church Restoration Fund.

This year we have a separate section of the exhibition on the theme of “Angels”. Also new this year is the ability for purchasers to pay by debit or credit card (except American Express). See www.stmarysartex.org.uk for all the information.

Christian Aid Week

Debenham United Reformed Church have a sale of nearly new, cakes and bric-a-brac on **Friday 18th May**, 10-12 noon.

At Dove Cottage on **Saturday 19th May** is the Big Brekkie from 8-10am, raising money to fight poverty and injustice worldwide. Contact Chris Wilkes on 860633.

Debenham Library

Next Film evening **Friday 15 June** (provisional date, programme to be decided)

Garden Fete **Sunday 15 July** 1-4pm

Tuesday 0930 am – 1300 pm Wednesday 1500 – 1930 pm

Saturday 0900 am – 1300 pm Sunday 1200 – 1600 pm

Tel: 01728 861940 www.suffolklibraries.co.uk/libraries/debenham-library

Facebook: Friends of Debenham Library

Books, DVDs, Newspapers, WiFi, Computers, CDs, audiobooks, downloadable music/audiobooks/ebooks, free reservations, drinks. The room is available for hire outside opening hours.

Suffolk Libraries: Mobile Library Routes (every 4 weeks)

Aspall Church, Thursdays 1045-1100

Debenham, Gracechurch Street/Henry Street 1115-1145

Framsden Village Hall, Thursdays 1400-1415

Helmingham Forge, Thursdays 1240-1250

Kenton, Garney’s Close, Thursdays 1220-1235

Pettaugh, Old Bull, Fridays 1535-1555

Debenham Shed

“Any man who passes the age of 30 and finds himself without a shed can consider himself a failure”—The Detectorists, 8 Nov 2017. Fortunately there is a solution to this problem! At 2 Fields, Low Road, Debenham (IP14 6BJ) there is a 40ft container which is now the home of a “Men’s Shed”, complete with electricity and lighting.

On Friday 25 May there will be a Family BBQ from 5pm to 9pm, which is an excellent opportunity to come and see the facilities and what’s happening. In effect it will be the official opening of the Debenham Shed. For more details contact Bernard Rose on 07950 402928 or see www.facebook.com/groups/DebenhamShed.

Editor’s notes

The Copy deadline for the next *Together* (June to August) magazine is **25 July**, normally published about two weeks later. Quarterly, A5 format. 700 copies printed and collated



**Churches in Debenham
Midweek Afternoon Service
At Coopersfield, Debenham, 2.30pm**

Led by Rev Susan Bates and Rev Chris Wood (URC)
Tea and coffee are served afterwards

Services are held on the second and fourth Wednesdays each month

Food for Thought

Dove Cottage
5.30-7.00pm

Thursday evenings
starting May 10th

for 6 weeks (excluding half-term)



A place for young people (aged 13-18) to meet, eat pizza
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This is led by Church of England people but it is not only a Christian faith discussion group.
You don't have to be religious to come along. Everyone is welcome.

**The deadline
for the next
Together
magazine
is 25 July.**

Send copy to
Tony Hutt,
tony@tonyhutt.co.uk

Touching Heaven: Using Music in Prayer

Saturday June 16th 10am-4pm

St Michael's Church, Framlingham

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ST MARY'S
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EXHIBITION

JUNE 22, 23, 24

ST MARY'S CHURCH, DEBENHAM, IP14 6QN

Friday 22nd: 10.30am-7.00pm
Saturday 23rd: 10.30am-7.00pm
Sunday 24th: 1.00am-5.00pm

featuring a themed exhibition entitled

Angels

www.stmarysartex.org.uk

on Rizograph stencil copier, distributed free by members of Winston church. Send copy to the editor by email, email attachment (Word or Publisher formats preferably); Adobe PDF format may be suitable. Photographs do not reproduce well but graphics are usually OK. If you can't do any of these send the copy in the post.

Editor: Tony Hutt, Email: tony@tonyhutt.co.uk Tel (01728) 860173. 19 Priory Lane, Debenham, Stowmarket, Suffolk, IP14 6QD.

Advertising payments to Kate Branch, The Red House, Winston, Stowmarket IP14 6LG Tel

Suffolk Theology Forum

Exploring Christian theological issues in an open, non-partisan way

Thurs 14 June 2018 Rev Dr Calvin Samuel, London School of Theology:
Holiness in Scripture and Wesleyan Tradition

At Co-op Education Centre, Fore Street, Ipswich 7.30—9.15 pm

Pedestrian entrance—11 Fore Street, Ipswich IP4 1JW. Walking distance from bus & train stations. Free car park, entrance on Waterworks Street

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Elizabeth Moore, 01359 230161 eymoore@talktalk.net

See the full 2017-2018 programme at www.sifre.org.uk/stf/, also on Facebook

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Useful church and village links

Debenham website and PC	www.debenham.onesuffolk.net
Framsden PC	www.framsden.onesuffolk.net
Framsden village	www.framsden.org.uk
Winston website and PC	www.winston.onesuffolk.net
Pettaugh website and PC	www.pettaugh.suffolk.cloud
Framsden Baptist Church	www.framsdenbaptist.org
Forge Church (Debenham)	www.forgechurch.com
Parish Churches	www.achurchnearyou.com/parish (e.g. www.achurchnearyou.com/framsden for Framsdén)
Debenham United Reformed Church	—to be added

Church services in the Debenh

June 2018	Helmingham	Framsden	Pettaugh
3 rd Trinity 1			
10 th Trinity 2		11am Morning Prayer	11am Holy Communion
17 th Trinity 3	11am Holy Communion	9.30am Holy Communion	
24 th Trinity 4	9.30am Morning Prayer		11am Morning Prayer
July 2018	Helmingham	Framsden	Pettaugh
1 st Trinity 5			
8 th Trinity 6		11am Woodland Worship	11am Holy Communion
15 th Trinity 7	11am Holy Communion	9.30am Holy Communion	
22 rd Trinity 8	9.30am Morning Prayer		11am Morning Prayer
29 th Trinity 9			10am Ber
August 2018	Helmingham	Framsden	Pettaugh
5 th Trinity 10			
12 th Trinity 11		11am Morning Prayer	11am Holy Communion
19 th Trinity 12	11am Holy Communion	9.30am Holy Communion	
26 th Trinity 13	9.30am Morning Prayer		11am Morning Prayer

www.achurchneary
www.facebook.com/group

am and Helmingham Benefice

Winston	Aspall	Kenton	Debenham
	8am Holy Communion		9.30am family@church
9.30am Morning Prayer		8am Holy Communion	9.30am Holy Communion
6.30pm Evening Prayer	8am Holy Communion	11am Morning Prayer	9.30am Holy Communion
11.00am Holy Communion			9.30am Holy Communion
Winston	Aspall	Kenton	Debenham
	8am Holy Communion		9.30am family@church
9.30am Morning Prayer		8am Holy Communion	9.30am Holy Communion
6.30 Evening Prayer	8am Holy Communion	11am Morning Prayer	9.30am Holy Communion
11.00am Holy Communion			9.30am Holy Communion

enefice Communion at **Winston**

Winston	Aspall	Kenton	Debenham
	8am Holy Communion		9.30am family@church
9.30am Morning Prayer		8am Holy Communion	9.30am Holy Communion
6.30pm Evening Prayer	8am Holy Communion	11am Morning Prayer	9.30am Holy Communion
11.00am Holy Communion			9.30am Holy Communion

www.you.com/debenham
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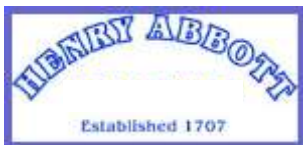
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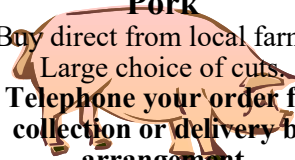
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